

NEIGHBORHOOD AND LEISURE SERVICES

Activity Schedule SUMMER 2019



NEIGHBORHOOD RECREATION CENTER

1638 N. Bruce St. North Las Vegas, NV 89030 Phone: (702) 633-1600 Fax: (702) 642-3667

HOURS

Monday and Wednesday: 9 a.m.-6 p.m. Tuesday and Thursday: 9 a.m.-8 p.m. Closed Friday Saturday: 9 a.m.-2 p.m. Closed Sunday

REGISTRATION SCHEDULE - SUMMER 2019

Session I 4 weeks
Registration: May 11-May 21
Classes: May 28-June 22
Make-up week: June 24-June 29

Official holidays: Memorial Day, Monday, May 27

Session II 4 weeks

Registration: June 15-June 25 Classes: July 1-July 27 Make-up week: July 29-Aug. 3

Official holidays: Independence Day, Thursday, July 4

Session III 4 weeks
Registration: July 20-July 30
Classes: Aug. 5-Aug. 31
Make-up week: Sept. 3-Sept. 7

Official holidays: Labor Day, Monday, Sept. 2

FITNESS FACILITY

The Neighborhood Recreation Center offers a variety of state-of-the-art strength and cardiovascular machines as well as free weights to help improve and maintain your overall fitness level. Participants must be 18 years of age or older and show a valid picture I.D. at time of registration. Lockers are provided on-site for bags and personal items.

on-site for bags and personal items. Membership fees: \$2/day	\$7/month	\$35/6 months
Fitness Room hours:	Monday	9 a.m5:45 p.m.
	Tuesday	9 a.m7:45 p.m.
	Wednesday	9 a.m5:45 p.m.
	Thursday	9 a.m7:45 p.m.
	Friday	Closed
	Saturday	9 a.m1:45 p.m.
	Sunday	Closed

BODY FAT ANALYSIS TESTING

The Neighborhood Recreation Center offers free body fat testing once a month to track the results of your hard work and dedication to fitness. Additional monthly testing is \$3. Please see instructor Janet Mantilla for assistance.

AGES	'	DAY(S)	TIME	FEE
18+		Tue (1st)	10:30-11 a.m.	FREE

OPEN GYM HOURS

A Fun Zone I.D. is required for all participants.

AGES	DAY(S)	TIME	FEE
Adult badminton	Mon/Wed	11:30 a.m2 p.m.	\$1/day, \$5/3months
Adult basketball	Tue/Thu	Noon-2 p.m.	\$2/day, \$10/3months
Children 6-17 yrs	Mon/Wed	2 -5:45 p.m.	
Children 6-17 yrs	Tue/Thu	2 -7 p.m.	
Adults w/children 6-17 vrs	Sat	9 a.m1:45 p.m.	

FUN ZONE DROP-IN PROGRAM (Game room/gymnasium)

Are you looking for fun and exciting activities for your child? Look no further. The Neighborhood Recreation Center offers a variety of programs including special events, games, tournaments, arts and crafts, and physical activities. The goal is to provide a safe, fun and supervised alternative for youths after school. IMPORTANT! This is a drop-in program. Youths come and go as they please.

FUN ZONE MEMBERSHIP - \$3 per month

All youths must be registered by a parent or guardian. Children must have a membership card in their possession to participate. If a participant's card is lost or stolen, a new card must be purchased. Replacement cards cost \$3.

AGES	DAY(S)	TIME
17 and under	Mon/Wed	2-5:45 p.m.
	Tue/Thu	2-6:45 p.m.
	Sat	9 a.m1:45 p.m.

TRIPS & SPECIAL EVENTS

(Must have a Fun Zone card)

MEMORIAL DAY CELEBRATION

Fun Zone will be celebrating our first annual Memorial Day event. Bring a friend to participate!

 AGES
 DATE(S)
 TIME
 FEE

 6-17
 Thu, May 23
 3 p.m.
 \$2

IOHN'S INCREDIBLE PIZZA

Fun Zone will explore what's fun around town, come out and join us for a day of indoor play at John's Incredible Pizza. Seating is limited.

AGES	DAY/DATE	TIME	FEE
6-17	Thu, June 13	1 p.m.	\$10

WETLANDS DISCOVERY DAY

Discover the many opportunities for summer in the Las Vegas Valley. We will explore booths from local agencies and businesses for things to do all summer long. We will play games throughout the Nature Center and enjoy the cool air conditioning of the Exhibit Hall.

AGES	DAY/DATE	TIME	FEE
6-17	Sat. July 6	9 a.m.	FREE

National Ice Cream Day

NRC will be celebrating National Ice Cream Day by displaying a variety of different flavors of ice cream. Enjoy one or two scoops of your favorite ice cream!

AGES	DATE(S)	TIME	FEE
6-17	Thu, July 18	2 p.m.	FREE

NATIONAL WATERMELON DAY

Any way you slice it, watermelon is wonderful! Join us for a tasty treat and a few surprises.

AGES	DAY/DATE	TIME	FEE
6-17	Thu, Aug. 1	10 a.m.	FREE

BACK TO SCHOOL EVENT

NRC will be hosting its second annual Back to School event with games, prizes and food for the little ones to start another successful year in school.

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AGES	DAY/DATE	TIME	FEE
6-17	Thu, Aug. 8	Noon	FREE



CLASSES

HOW TO REGISTER FOR CLASSES AT THE NEIGHBORHOOD RECREATION CENTER

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) signed the waiver on the back of the household information card, 2) your fees have been paid, and 3) you have received your receipt. You also may register online starting the first day of registration. Look for the class registration link under Online Services on the City's website at cityofnorthlasvegas.com.

Please note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.

FUN ZONE CHESS

CHESS I - Instructors: Michael Elliott and Rudolph Steinberg

AGES	DAY(S)	TIME	FEE
5+	Thu	3:30-4:30 p.m.	FREE

DANCE

Comfortable clothing and bottled water is suggested for most classes. Ballet & Tap students must supply their own ballet and tap shoes. Leotards are suggested.

SALSA I - Instructor: North Star Dance

Students will learn the latest in Salsa moves through fun and creative dances. Grab a friend and join this high energy class.

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AGES	DAY(S)	TIME	FEE
5+	Tue/Thu	6:30-8 p.m.	\$15

JAZZ I - Instructor: North Star Dance

This class is a combination of fast, energetic dance moves performed with a variety of up-beat music. A modern mixture of lyrical ballet and hip hop styles incorporating basic jazz with musical interpretation.

AGES	DAY(S)	TIME	FEE	
5+	Tue/Thu	6:30-8 p.m.	\$15	

FITNESS/EXERCISE

The Neighborhood Recreation Center provides the opportunity to increase the fitness level of your entire family. Comfortable clothing and bottled water are suggested.

JU-JITSU - Instructor: Stephanie Gordon

This class offers a style of martial arts that is a combination of Goju-Shorei, Shoto-Kan, Tae Kwon Do, BKF Kenpo and Ju-Jitsu. During the training process, students will learn self-defense, self-discipline and respect for others.

AGES	DAY(S)	TIME	FEE
6+	Mon/Wed	5:30-6:30 p.m.	\$20

SPECIALTY CLASSES

The Neighborhood Recreation Center provides an excellent opportunity to increase the fitness level of the entire family. Comfortable clothing and bottled water are suggested.

CHESS I - Instructor: TBD

This class is an educational, beginners course of chess. This class will provide workbooks, interactive play and competitive play.

AGES	DAY(S)	TIME	FEE
5+	Thu	3:30-4:30 p.m.	FREE

POPPIN ART - Instructor: Malachi Williams

This class is a combination of street art, cultural art and creative art. Poppin Art will provide the community with the understanding of the concept to make something out of nothing. Poppin Art is an education class for beginning artists. The artists will learn to use everyday items to make fashionable pieces of art.

AGES	DAY(S)	TIME	FEE
6+	Sat (1st & 2nd)	11 a.m1 p.m.	FREE

SHAKESPEAREAN CLUB (CULTURAL ARTS) - Instructor:

Clarissa P

This class is a cultural art program to learn and experience the Shakespearean era. This class will provide theater experience, trips and deciphering Shakespeare plays.

AGES	DAY(S)	TIME	FEE
16+	TBA	TBA	\$20

PILATES - Instructor: To Be Announced

This is a great class for strengthening your abdominal area! Instructor focuses on exercises, posture and strong breathing that engages the abdominal wall.

AGES	DAY(S)	TIME	FEE
17+	Sat	10-10:50 a.m.	\$10

SEWING I - Instructor: Rhonda Embs

This class is a beginner's sewing class for children and adults. Sewing I is designed for individuals to learn about basic stitches, patterns, sewing and types of fabrics. Supplies will be included as part of the Sewing I class.

AGES	DAY(S)	TIME	FEE
10+	Tue/Thu	5-7 p.m.	\$24





NRC - SOCIAL SENIORS

Join the Social Seniors from 8 a.m. to 1 p.m. Monday through Thursday for a variety of recreational and educational opportunities. Daily leisure activities including Wii, billiards, card games, instructional classes, special events and excursions are offered to those age 55 and older. For more information, please call (702) 633-1492 or (702) 633-1637. Social Senior membership - \$3 per year

NEIGHBORHOOD CAFÉ

Spend the morning at the Neighborhood Recreation Center participating in a class or workshop, then join us for a hot lunch. Lunch is served at noon Monday through Thursday. The cost of lunch is \$2 per person. (Space is limited)

SENIOR TRIPS

Space is limited. Transportation will be provided by the City of North Las Vegas. Lunch is not provided unless noted.

TRIP	DATE(S)	TIME	FEE
Super Summer Theater "Into the Woods"	Thu, June 6	9:30 a.m2 p.m.	\$20
Container Park & Art Drive	Wed, June 19	9:30 a.m1:30 p.m.	\$5
Breakfast & Bowling	Wed, July 10	7:45 a.mNoon	\$6
Shark Reef Aquarium	Thu, July 25	9:30 a.m2:30 p.m.	\$15*
Maya Cinemas	Wed, Aug. 7	10:30 a.m1:30 p.m.	TBD
So. Nevada Museum of Fine Arts	Thu, Aug. 22	10 a.m2 p.m.	\$12*
Harvest Festival - Arts & Crafts	Sat, Sept. 7	10 a.m2 p.m.	\$9*

^{*}Prices are based on the number of participants, prices are subject to change.

SPECIAL EVENTS

NATIONAL ROOT BEER FLOAT DAY

Cool. Refreshing. A blast from the past! Celebrate summertime with an old-fashioned Root Beer Float.

DATE(S)TIMEFEETue, June 1310:30 a.m.FREE

INDOOR INDEPENDENCE DAY PICNIC

Enjoy an indoor picnic lunch, Bingo and your favorite patriotic songs. <u>Space is limited</u>. Please pre-register.

 DATE(S)
 TIME
 FEE

 Thu, June 27
 11 a.m.
 \$4

NATIONAL ICE CREAM DAY

In a cup or in a cone, ice cream is an American favorite! Chill out with a special ice cream treat!

DATE(S)TIMEFEEThu, July 1810 a.m.FREE

NATIONAL WATERMELON DAY

Any way you slice it, watermelon is wonderful! Join us for a tasty treat and a few surprises.

DATE(S)TIMEFEEThu, Aug. 110 a.m.FREE

NATIONAL S'MORES DAY

Enjoy a new twist on a favorite campfire treat! **DATE(S)**TIME

FEE

Thu, Aug. 15

10 a.m.

FREE

FITNESS, MOVEMENT & MORE

FITNESS ROOM

Social Senior members can use a variety of fitness machines, free weights and treadmills to help improve and maintain overall fitness.

DAY(S)TIMEFEEMon-Thu8 a.m.-NoonFREE

GYM WALKING

Don't let the weather dictate your fitness routine. Join your friends for a walk in the gym. It's a great way to start your day.

DAY(S)TIMEFEEMon-Thu8-9 a.m.FREE

YOGA

Yoga helps improve circulation, eases muscle aches and pains, and improves the overall wellness of your body and mind. Wear comfortable clothes.

DAY(S)TIMEFEEMon/Wed8:30-9:30 a.m.FREE

FULL BODY WORKOUT(LOW-IMPACT AEROBICS)

You'll feel energized and refreshed after this low-impact aerobics workout.

DAY(S) TIME FEE
Mon/Wed 10-11 a.m. FREE

TAI CHI

Tai Chi is an ancient form of exercise that originated in China. The slow, relaxing movements can help improve health, reduce stress and anxiety, and strengthen joints and muscles. This class is for all abilities.

DAY(S) TIME FEE Wed 11-11:45 a.m. FREE

BEGINNER BOOT CAMP

Join us for the ultimate circuit workout that is tailored to the needs of older adults.

DAY(S)TIMEFEETue/Thu8:30-9:15 a.m.FREE

ZUMBA GOLD

A fitness program designed for the active older adult who grew up doing the Jitterbug, Swing, Cha Cha and Twist! Inspired by Latin music, this class will provide you with a safe, effective and fun total body workout!

DAY(S)TIMEFEETue/Thu9:30-10:15 a.m.FREE





FUN FIT

Learn simple exercises that will make it easier to perform everyday tasks like getting up from a chair. The balance training will help reduce the risk of falls. Exercises will be done using a table, chairs and wall for support. You don't have to get down on the floor!

DAY(S) TIME FEETue
11-11:45 a.m.
FREE

LINE DANCING

Get your feet moving and your blood flowing. Learn the basics of some of the most popular line dancing steps. No dance experience is necessary!

DAY(S)TIMEFEEWed11-11:45 a.m.FREE

BELLY DANCING BASICS

Learn the mysterious art of belly dancing while toning your muscles, burning calories and having fun all at the same time!

DAY(S)TIMEFEEThu9:30-10:30 a.m.FREE

TAP DANCE

Tap dancing is a great form of exercise, as it requires use of the entire body. Join the fun!

 DAY(S)
 TIME
 FEE

 Thu
 10:30-11:30 a.m.
 FREE

ZUMBA TONING

Shake things up! Lightweight maraca-like toning sticks are added to your routine to enhance your sense of rhythm and coordination while toning target zones, including your arms, core and lower body.

DAY(S) TIME FEETue/Thu
10:30-11:15 a.m.
FREE

MUSIC CLASSES

UKULELE

No experience needed. Ukuleles provided by Kala Brand Music Company.

DAY(S) TIMEFEE
Wed
9-11:30 a.m.
FREE

CRAFT CLASSES

DRAWING & PAINTING: ALL LEVELS

Learn basic drawing techniques using pencils and pastels. Explore different painting styles with acrylics and water colors. All skill levels are welcome.

DAY(S)TIMEFEEMon/Wed8:30-11:30 a.m.FREE

SEWING 101

Beginners welcome! This class will focus on projects that can be completed in one or two sessions. Instructor will provide a materials list.

DAY(S)TIMEFEEMon9-11:30 a.m.FREE

CARD DESIGN

Can't find the perfect greeting card at the store? Design and create your own cards! Learn about paper, adhesives, stamping and making envelopes.

DAY(S)TIMEFEETue10 a.m. - NoonFREE

QUILTING

Some experience using a sewing machine is helpful but not required for this basic quilting class. Instructor will provide material list.

DAY(S) TIMEFEE
Thu
9-11:30 a.m.
FREE

CERAMICS STUDIO

Limited instruction is available to help students clean, glaze and fire molded ceramic pieces. Use of the potter's wheel requires either experience or attendance at the Potter's Wheel Workshop.

DAY(S)TIMEFEETue/Thu9-11:30 a.m.FREE

EDUCATION AND INFORMATION

TOPIC	DATE(S)	TIME	FEE
Alzheimer's	Tue, Apr. 9	10 a.m.	FREE
Brain Health Workshop	Thu, Apr. 25	9 a.m.	FREE
Living Healthy HealthCare Partners	Tue, May 14	10 a.m.	FREE
Healthy Eyes Presentation	Thu, June 20	10 a.m.	FREE
Healthy Eyes Screening	Thu, July 11	10: a.m.	FREE
Senior Medical Patrol	Tue, Aug. 13	10:30 a.m.	FREE
Mini Resources Fair	Thu, Sept. 12	8:30 a.m.	FREE
Senior Benefits Center	Tue, Oct. 8	10 a.m.	FREE



SILVER MESA RECREATION CENTER

4025 Allen Lane

North Las Vegas, NV 89032 Phone: (702) 633-2550 Fax: (702) 636-5511

Monday through Thursday: 9 a.m.-7 p.m.

Friday: 9 a.m.-2 p.m. * For Social Seniors & Fitness Members

Saturday: 9 a.m.-2 p.m. Closed Sunday

REGISTRATION SCHEDULE - SUMMER 2019

Session I 4 weeks
Registration: May 11-May 21
Classes: May 28-June 22
Make-up week: June 24-June 29

Official holidays: Memorial Day, Monday, May 27

Session II 4 weeks

Registration: June 15-June 25 Classes: July 1- July 27 Make-up week: July 29-Aug. 3

Official holidays: Independence Day, Thursday, July 4

Session III 4 weeks
Registration: July 20-July 30
Classes: Aug. 5-Aug. 31
Make-up week: Sept. 3-Sep. 7

Official holidays: Labor Day, Monday, September 2

FITNESS FACILITY

Silver Mesa offers two fitness rooms: one with a variety of strength and resistance equipment, and the second with the latest cardiovascular machines to help improve and maintain your overall fitness level. The cardio room is equipped with a state-of-the-art cardio theater as well as a sound system to get you moving during your workout. Bring your headphones for use on the machines and tune into our TVs! Users must be members.

To qualify for a membership, the user must be 18 years of age or older and show a valid picture I.D. at time of registration.

Membership fees: \$5/day \$18/month \$81/6 months

Fitness Room hours: Mon-Thu 9 a.m.-6:45 p.m.

Fri 9 a.m.-1:45 p.m.
Sat 9 a.m.-1:45 p.m.

Sun Closed

FUN ZONE OPEN GYM HOURS

A Fun Zone I.D. is required for all participants.

 AGES
 DAY(S)
 TIME
 FEE

 Children 6-17
 Mon-Fri
 3-6:45 p.m.
 \$3/month, \$36/year

 Adults w/ children 6-17
 Sat
 9 a.m.-1:45 p.m.
 \$3/month, \$36/year

FUN ZONE DROP-IN PROGRAM

(Game room/gymnasium)

Are you looking for fun and exciting activities for your children? Look no further, Silver Mesa is the place to be! We offer a variety of free programs including special events, games, tournaments, arts and crafts, and physical activities. The goal is to provide a safe, fun and supervised alternative for youths. IMPORTANT! This is a drop-in program. Youths come and go as they please.

FUN ZONE MEMBERSHIP - \$3 per month

All youths must be registered by a parent or guardian. Children must have a membership card in their possession to participate. If a participant's card is lost or stolen, a new card must be purchased. Replacement cards cost \$3.

AGES DAY(S) TIME

 17 & Under
 Mon-Fri
 3 p.m.-6:45 p.m.

 17 & Under
 Sat
 9 a.m.-1:45 p.m.

FUN ZONE TRIPS AND EXCURSIONS

Limited to the first 20 participants. Transportation provided by the City of North Las Vegas. Lunch will be on your own.

 Game Nest Arcade
 Thu, June 6
 2-6:30 p.m.
 \$18

 Neon Museum
 Thu, Aug 8
 1:30-5:30 p.m.
 \$17

 Mirage Aquarium/Dolphin
 Sat, Sept. 7
 11 a.m.-2 p.m.
 \$17

FUN ZONE SPECIAL EVENTS

(Must have a valid Fun Zone Membership. Beginning week of June 5. Activities to be determined the week prior.)

SMRC SWIM DAY

DAY/DATE TIME FEE

Wed or Thu 1-5 p.m. \$1 with Fun Zone membership

SCHOOL'S OUT JAM

DAY/DATE TIME FEE

Thu, June 13 3:30 p.m. Free with Fun Zone membership

NATIONAL DONUT DAY

DAY/DATE TIME FEE

Thu, June 6 3:30 p.m. Free with Fun Zone membership

FUN ZONE POOL PARTY

DAY/DATE TIME FEE

Thu, July 13 3:30 p.m. Free with Fun Zone membership

NATIONAL SELFIE DAY

DAY/DATE TIME FEE

Thu, June 20 3:30 p.m. Free with Fun Zone membership

PRE-4TH OF TULY BLOCK PARTY

DAY/DATE TIME FEI

Wed, July 3 3:30 p.m. Free with Fun Zone membership

NATIONAL HOTDOG DAY

DAY/DATE TIME FEE

Wed, July 17 3:30 p.m. Free with Fun Zone membership

BACK2SCHOOL BASH

DAY/DATE TIME FEE

Mon, July 29 3:30 p.m. Free with Fun Zone membership

NATIONAL ICE CREAM SANDWICH DAY

DAY/DATE TIME FEE

Thu, Aug. 1 3:30 p.m. Free with Fun Zone membership

NATIONAL TELL-A-IOKE DAY

DAY/DATE TIME FE

Thu, Aug. 15 3:30 p.m. Free with Fun Zone membership

NATIONAL FRUIT PUNCH DAY

DAY/DATE TIME FE

Thu, Sept. 19 3:30 p.m. Free with Fun Zone membership

WORKSHOPS

BECOMING A MOM & HEALTHY HABITS

This series teaches new moms or moms with children the necessary daily requirements from each of the food groups as well as emphasis on living active lifestyles. The importance of eating healthy as well as planning your meals is taught through cooking demonstrations and class participation. The workshop will also include: information on prenatal care and newborn care. Participants will receive handouts and recipes. This class is offered by Help of Southern Nevada.

 DATE(S)
 TIME
 FEE

 Thu (2nd & 4th)
 1-2:30 p.m.
 FREE



SENIOR PROGRAMS

SENIOR SPECIAL EVENTS (Social Senior membership - \$3 per

year

Join the Social Seniors from 8 a.m. to 1 p.m. Monday -Thursday and Fridays from 9 a.m. to 2 p.m. for fun recreational and educational opportunities. Daily leisure activities, instructional classes, special events and excursions are offered to those age 55 and older. For more information, call (702) 633-2550.

FITNESS, MOVEMENT & MORE

GYM WALKING

Don't let the weather dictate your fitness routine. Join your friends and walk in the gym. It's a great way to start your day.

DATE(S) TIME FEE
Mon-Fri 8-9 a.m. FREE

SENIOR CELEBRATIONS

On the last Tuesday of the month, there will be picnic/potluck at 10 a.m.

CLASSES

HOW TO REGISTER FOR CLASSES AT THE SILVER MESA RECREATION CENTER

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) signed the waiver on the back of the household information card, 2) your fees have been paid, and 3) you have received your receipt. You may also register online starting the first day of registration! Look for the class registration link under Online Services on the City's web page www.cityofnorthlasvegas.com

Please Note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.

ARTS & CRAFTS						
CLASS		INSTRUCTOR		DAY	(S) TIME	FEE
Ceramics and Pottery (9+)		Larry Rush		Thu	4-5:30 p.m.	\$40
Ceramics and Pottery (9+)		Larry Rush		Sat	11:30 a.m1 p.m.	\$40
Ceramics and Pottery (9+)		Larry Rush		Sat	9:30-11 a.m.	\$40
Intro to Drawing and Painting (7-	-14)	Larry Rush		Mor	n 5:30-6:30 p.m.	\$20
Intro to Drawing and Painting (7-	-14)	Larry Rush		Wed	d 5:30-6:30 p.m.	\$20
MUSIC						
CLASS		INSTRUCTOR		ΠΔΥ	(S) TIME	FEE
Piano/Guitar (1/2 hour time slots)	Nicholas Oc	hoa	Mor		\$40
Piano/Guitar (1/2 hour time slots		Nicholas Oc	hoa	Tue	4–7 p.m.	\$40
Piano/Guitar (1/2 hour time slots		Nicholas Oc	hoa	Wed	•	\$40
Piano/Guitar (1/2 hour time slots)	Nicholas Oc	hoa	Thu	4-7 p.m.	\$40
Piano/Guitar (1/2 hour time slots)	Nicholas Oc	hoa	Sat	9 a.m2 p.m.	\$40
DANCE						
CLASS	INSTR	UCTOR	DAY	(S)	TIME	FEE
Ballet (3-5)	North	Star Dance	Mor		1:30-2:30 p.m.	\$16
Ballet (3-5)	North	Star Dance	We	d	2:45-3:45 p.m.	\$16
Ballet (3-5)	North	Star Dance	Thu		1:30-2:30 p.m.	\$16
Ballet & Tap I (3-5)	North	Star Dance	Mor	า	2:45-3:45 p.m.	\$16
Ballet & Tap I (3-5)	North	Star Dance	Moi	า	4-5 p.m.	\$16
Ballet & Tap I (6-9)	North	Star Dance	Moi	า	5-6 p.m.	\$16
Ballet & Tap I (5-8)		Star Dance	Tue		4-5 p.m.	\$16
Ballet & Tap I (3-5)		Star Dance	We	-	1:30-2:30 p.m.	\$16
Ballet & Tap I (6-9)		Star Dance	We	d	5-6 p.m.	\$16
Ballet & Tap I (3-5)		Star Dance	Sat		9:15-10:15 a.m.	\$16
Ballet & Tap I (3-5)		Star Dance	Sat		9:15-10:15 a.m.	\$16
Ballet & Tap I (3-5)		Star Dance	Sat		10:30-11:30 a.m.	\$16
Ballet & Tap I (6-9)		Star Dance Star Dance	Sat Sat		10:30-11:30 a.m. 11:45 a.m12:45 p.n	\$16
Ballet & Tap I (3-5) Ballet & Tap I (6-9)		Star Dance	Sat		11:45 a.m12:45 p.n 11:45 a.m12:45 p.n	
Ballet & Tap I (9+)		Star Dance	Tue		11.45 a.111 12.45 p.11 5-6 p.m.	\$16
Belly Dancing (6-11)		Jepson	Mor		5-6 p.m.	\$16
Belly Dancing (12+)		Jepson	We	-	5-6 p.m.	\$16
Cheer for Tots (3-5)		Star Dance	Thu		4-4:45 p.m.	\$16
Cheerleading (6-11)	North	Star Dance	Thu		5-6 p.m.	\$16
Mommy & Me Dance (1-3)	North	Star Dance	Mor		Noon-12:45 p.m.	\$16
Mommy & Me Dance (1-3)	North	Star Dance	Thu		Noon-12:45 p.m.	\$16
Mommy & Me Dance (1-3)	North	Star Dance	Sat		1-1:45 p.m.	\$16
Hip Hop for Tots (3-5)	North	Star Dance	Tue		3:15-4 p.m.	\$16
Hip Hop Rocks! (5-8)		Star Dance	We	d	4-5 p.m.	\$16
Hip Hop Rocks! (5-8)	North	Star Dance	Thu		6:05-6:55 p.m.	\$16
Hip Hop Rocks! (9+)	North	Star Dance	We	d	6:05-6:55 p.m.	\$16
FITNESS/EXERCIS	E					
CLASS	_	UCTOR	DAY		TIME	FEE
Yoga I (18+)	Glend		Tue		9-10 a.m.	\$18
Chair Yoga I (18+)	Glend		Thu		9-10 a.m.	\$18
Body Sculpting (18+)	Dena	Martin	Thu		9:30-10:30 a.m.	\$18
Total Body Conditioning (18+)		Martin	Tue		10:45-11:45 a.m.	\$18
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Wed

Tue

10-11 a.m.

10:15-11:15 a.m.

Kate Nolan

Glenda Bell

Tai Chi (18+)

Functional Fitness



GYMNASTICS				
CLASS	INSTRUCTOR	DAY	TIME	FEE
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Mon	9:15-10 a.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Mon	11:15 a.mNoon	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Tue	10:15-11 a.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Wed	9:15-10 a.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Wed	12:15-1 p.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Wed	5:15-6 p.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Thu	9:15-10 a.m.	\$16
· · · · · · · · · · · · · · · · · · ·	Go For It USA	Sat	9:15-10 a.m.	\$16
Parent/Tot Gymnastics (1 ½ -2)	Go For It USA	Mon	10:15-11 a.m.	\$16
Tot Gymnastics (3)	Go For It USA	Mon	Noon-12:45 p.m.	\$16
Tot Gymnastics (3)	Go For It USA	Mon		\$16
Tot Gymnastics (3)	Go For It USA	Tue	12:45-1:30 p.m. 9:15-10 a.m.	
Tot Gymnastics (3)		Tue		\$16 \$16
Tot Gymnastics (3)	Go For It USA Go For It USA	Wed	11 a.mNoon	\$16
Tot Gymnastics (3)	Go For It USA	Wed	11:30 a.m12:15 p.m.	\$16
Tot Gymnastics (3)			1:15-2 p.m.	\$16
Tot Gymnastics (3)	Go For It USA	Thu Thu	11:15 a.mNoon	+
Tot Gymnastics (3)	Go For It USA		Noon-1 p.m.	\$16
Tot Gymnastics (3)	Go For It USA	Sat	11:30 a.m12:15 p.m.	\$16
Tot Gymnastics (3)	Go For It USA	Sat	12:45-1:45 p.m.	\$16
Pre-School Gymnastics (4-5)	Go For It USA	Mon	6-7 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Tue	11 a.mNoon	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Tue	Noon-1 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Tue	1-2 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Tue	2-3 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Tue	6-7 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Wed	10:15-11:15 a.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Thu	10-11 a.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Thu	Noon-1 p.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Sat	10:15-11:15 a.m.	\$20
Pre-School Gymnastics (4-5)	Go For It USA	Sat	11:30 a.m12:30 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Mon	4-5 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Tue	5-6 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Wed	4:15-5:15 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Wed	6-7 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Thu	4-5 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Thu	6-7 p.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Sat	9:15-10:15 a.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Sat	10:15-11:15 a.m.	\$20
Beginning Gymnastics (6+)	Go For It USA	Sat	12:45-1:45 p.m.	\$20
Intermediate Gymnastics (6+)	Go For It USA	Mon	5-6 p.m.	\$24
Intermediate Gymnastics (6+)	Go For It USA	Tue	4-5 p.m.	\$24
Intermediate Gymnastics (6+)	Go For It USA	Thu	5-6 p.m.	\$24
MARTIAL ARTS				
CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Ju-Jitsu Self Defense Advanced (7+)	Fuji Ryu Ju-Jitsu	Mon	5-7 p.m.	\$32
Ju-Jitsu Self Defense Advanced (7+)	Fuji Ryu Ju-Jitsu	Wed	5-7 p.m.	\$32
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Fuji Ryu Ju-Jitsu

Fuji Ryu Ju-Jitsu

Fuji Ryu Ju-Jitsu

Fuji Ryu Ju-Jitsu

Shihan Martin

Shihan Martin

Tue

Thu

Sat

Sat

Sat

Thu

5:30-6:30 p.m.

5:30-6:30 p.m.

9:30-10:30 a.m.

10:45-11:45 a.m.

Noon-1 p.m.

4-5 p.m.

Mon/Thu 5-6 p.m.

Mon/Thu 6-7 p.m.

\$16

\$16

\$16

\$16

\$16

\$16

\$32

\$32

\$18

\$18

Ju-Jitsu Self Defense I (7+)

Karate Beginning Junior (6+)

Karate Tiger Cubs (5-6)

Ju-Jitsu Self Defense for Women (16+) Fuji Ryu Ju-Jitsu

Karate Juniors (yellow belts and up) Shihan Martin

SPECIAL INTEREST

CLASS	INSTRUCTOR	DAY	TIME	FEE	
Intro to Theater (6-10)	Marlena Sullivan	Mon/W	/ed 4:30-5:30 p.m.	\$32	
Intro to Theater (11-17)	Marlena Sullivan	Mon/W	/ed 5:45-6:45 p.m.	\$32	
Kids cooking (6-10)	Marty Quillin	Wed	5:30-7 p.m.	\$30	
Kids cooking (11-17)	Marty Quillin	Thu	5:30-7 p.m.	\$30	
Open Sew (18+)	Carol Baalman	Wed	1-3 p.m.	\$8	
(Open Sew is for experienced sewers.)					

SPECIAL EVENTS

KIDDIE KOLLEGE EARLY CHILDHOOD EDUCATION

Kiddie Kollege provides a positive, recreational learning environment that offers creative art, music and constructive play for young children. This is a 9-month class with a monthly fee. Children must be of age by Sept. 30. Registration starts on Monday, July 8 for the 2019-2020 school year.

AGES	DAY(S)	TIME	FEE
3	Tue/Thu	9-10:30 a.m.	\$405/yr or \$45/mo
3	Tue/Thu	11-12:30 p.m.	\$405/yr or \$45/mo
3	Mon/Wed	Noon-1:30 p.m.	\$405/yr or \$45/mo
3	Mon/Wed	2-3:30 p.m.	\$405/yr or \$45/mo
4-5	Mon-Thu	9-11:15 a.m.	\$1,125/yr or \$125/mo
4-5	Mon-Thu	Noon-2:15 p.m.	\$1,125/yr or \$125/mo
4-5	Mon/Wed	9-11:15 a.m.	\$585/yr or \$65/mo
4-5	Tue/Thu	1-3:15 p.m.	\$585/yr or \$65/mo

TOT SPOT @ **MESA** - (3 mo - 4 yr)

Don't have a babysitter? No problem! It's easy to accomplish your wellness goals at Silver Mesa Recreation Center. Bring your child to Tot Spot @ Mesa while you workout in our facility. Children can play for up to two hours; parents must remain in the building. Please see the front desk for a registration form and parent handbook. For more information, call (702) 633-2550.

DAY(S)	TIME	FEE
Mon-Thu	9 a.mNoon & 2-6:45 p.m.	\$5/day or \$20/mo
Fri/Sat	9 a.m1:45 p.m.	\$5/day or \$20/mo
Sun/ Holidays	Closed	-

CENTER SPECIAL EVENTS

LET US ENTERTAIN YOU

Watch performances by fellow Silver Mesa Recreation Center class participants. Show will feature ju-jitsu, karate, gymnastics, musical performances, ballet, tap, hip-hop, cheerleading and more.

AGES	DAY(S)	TIME	FEE
All	Sat, May 25	10 a.m.	FREE

HEALTH FAIR/BACKPACK GIVEAWAY

Silver Mesa Recreation Center will be hosting their annual Health Fair/Backpack Giveaway for the community. This event will consist of community vendors/resources, backpacks, school supplies, face painting, music, bouncers and much more! To receive backpacks and/or school supplies, the school age child must be present.

AGES	DAY(S)	TIME	FEE
5-17	Sat, Aug. 3	Noon	FREE



SAFEKEY

3909 W. Washburn Rd. North Las Vegas, NV 89031 Phone: (702) 633-1608 Fax: (702) 633-2571

SAFEKEY SUMMER CAMP PROGRAMS

SUMMER CAMP MESA

Summer Camp Mesa is offered at Silver Mesa Recreation Center, 4025 Allen Lane, North Las Vegas, NV 89032, in conjunction with the Fun Zone program. Camp Mesa is a structured program for elementary age children grades K-5th. Camp Mesa will offer a variety of activities and social events such as arts and crafts, fitness activities, and physical activity games that are facilitated by trained staff. Specialty Clubs will also be offered for an additional fee.

SUMMER CAMP REMIX

Summer Camp remix is offered at Neighborhood Recreation Center, 1638 N. Bruce Street, North Las Vegas, NV 89030, in conjunction with the Fun Zone program. Camp Remix is a structured program for elementary age children K-5th. Camp Remix is designed to offer a variety of styles and formats and provide activities that will be centered on the week specialty of choice. The program will include general camp programming such as arts & crafts, swimming, and field trips.

Summer Camp Mesa and Camp Remix will require a City of North Las Vegas Safekey Participation form accompanied by a Summer Camp Registration Fee of \$25 per child. This registration fee holds a child's camp spot for the entire summer regardless of when the child(ren) starts attending. It is imperative that every child has a participation form for camp on file at the camp site. Children already participating in City of North Las Vegas AM or PM Safekey are still required to register for camp services completely.

No refunds or credits will be given under any circumstances for registration fees, field trips, and fast food fun day,

Parents must sign child (ren) in and out daily and the person who is scheduled to pick up the child(ren) must be listed on the camp participation form. Emergency contacts must be prepared to show proper identification upon request before a child in the program is released.

Please make sure that your child has a packed lunch, snacks, and water with them daily. Refrigerator space is not provided for snacks or drinks. Courtesy breakfast and late snack service will be available daily.

Children should wear closed toed athletic shoes daily. Please make sure your child does not wear flip flops or sandals. Wearing flip flops or sandals would prevent participants from participating in gym/outdoor related activities.

Summer Camp Mesa and Camp Remix hours are from 7 a.m. to 3 p.m. daily. Early drop-off and/or late pick-up are not allowed. This will be grounds for suspension from the program. There will be a \$10 fee charged to a participant(s) account per every 10 minutes after closing for any late pick-ups beginning at 3:01 p.m. if a child is not registered for the Silver Mesa or Neighborhood Recreation Center Fun Zone Program.

Camp Mesa and Camp Remix campers are encouraged to purchase an annual Fun Zone Pass for \$36. This pass is good for 12 months and can be used on Monday-Friday and Saturdays during the summer. During the traditional school year the Fun Zone Pass can be used Monday-Thursday and Saturdays.

Summer camp programming includes but is not limited to the following: scheduled weekly field trips, swimming weekly, special events, themed days, specialty camps, indoor/outdoor play and fitness and nutrition programming. Daily programming is done using rotation-style activities sessions geared towards separating campers into three categories [K-1], [2-3], [4-5]. If there are special events, field trips or specialty food days, information will be posted in advance.

SAFEKEY CAMP SESSIONS

Summer Camp Mesa: May 27-Aug.2 Summer Camp Remix: June 3-Aug. 2

Official Holiday: Independence Day, Thursday, July 4

SUMMER CAMP MESA

Registration fee of \$25 per child is due at the time of the participation form submission.

PROGRAMAGESDAY(S)TIMEFEESummerK-5 GradesMon-Fri7 a.m.-3 p.m.\$20/day

SILVER MESA RECREATION CENTER FUN ZONE - in conjunction with Safekey Camp

 PROGRAM
 AGES
 DAY(S)
 TIME
 FEE

 Summer
 K-5 Grades
 Mon-Fri
 3-6:45 p.m.
 \$36/Summer

 Summer
 K-5 Grades
 Sat
 9 a.m.-1:45 p.m.

SUMMER CAMP REMIX

Registration fee of \$25 per child is due at the time of the participation form submission.

PROGRAMAGESDAY(S)TIMEFEESummerK-5 GradesMon-Fri7 a.m.-3 p.m.\$20/day

NEIGHBORHOOD RECREATION CENTER FUN ZONE - in conjunction with Safekey Camp

PROGRAMAGESDAY(S)TIMEFEESummerK-5 GradesMon-Fri3-7p.m.\$36/SummerSummerK-5 GradesSat9 a.m.-1:45 p.m.

COUNSELOR IN TRAINING (CIT) PROGRAM- Summer Camp Mesa only

The CIT program provides great opportunities to build leadership, teamwork, customer service, programming and supervisory skills while providing on-site staff support during Summer Camps. Participants will gain basic job/ work experience, a valuable enhancement to college applications, resumes and subsequent employment or volunteer pursuits.

CIT APPLICATION PROCESS

Complete CIT application and questionnaire and return by dropping off at the Safekey Main Office, 3909 W. Washburn Road, North Las Vegas or email a completed PDF to jacksonck@cityofnorthlasvegas.com.

Selected applicants must be available for an interview and a training session at Silver Mesa Recreation Center.

CIT SESSIONS

Session 1: June 10-July 5

Application and questionnaire due by May 9.

 DATE
 TIME
 FEE

 Thu, June 4
 7-11 a.m.
 \$40/week

 Thu, June 4
 11 a.m.-3 p.m.
 \$40/week

Session 2: July 8-Aug. 2

Application and questionnaire due by June 7.

 DATE
 TIME
 FEE

 Thu, July 1
 7-11 a.m.
 \$40/week

 Thu, July 1
 11 a.m.-3 p.m.
 \$40/week

SAFEKEY PROGRAM

Safekey is a structured before and/or after school program for K-5th grade children. Safekey is offered at 20 elementary schools within the City of North Las Vegas. The Safekey program provides a variety of activities and social events such as arts and crafts, fitness activities, nutritional education, games, homework time, and nutritious after school snacks. Children may work on homework during the hours of Safekey but we cannot enforce the

completion of homework or ensure that it is done correctly. Safekey is a recreation based program, we do not offer tutoring or homework help. This is to ensure that children are not mis-advised on homework.

You must sign your child in and out daily. The person who is scheduled to pick up your child must be listed on the participation form and they must show proper identification.

Safekey registration for the 2019-2020 school year is ongoing. Registration forms are available at the Safekey program located at your child's school and Safekey office.

The \$10 administrative processing fee can be paid at the Safekey Office, located at 3909 W. Washburn Rd. N. Las Vegas, NV 89031.

Every child must have a new Safekey participation form on file for the 2019-2020 school year

Payment is required before services are rendered.

A \$10 late pick-up fee is assessed for every 10-minute increment the child stays past the scheduled program time, beginning at 6:01 p.m. The late fee is due at the time of pick up or before the participant returns to the program.



CCSD SCHOOL YEAR 2019-2020

Classes begin: Monday, Aug. 12, 2019 End of school year: Wednesday, May 20, 2020

SAFEKEY PROGRAMS FOR 2018-19 SCHOOL YEAR

Antonello	Bruner	Cozine	Dickens	Duncan	Elizondo
Findlay M.S	Gilbert	Goynes	Guy	Hayden	Mackey
Johnston M.S Triggs	Perkins Watson	Priest Wilhelm	Scott Wolfe	Simmons	Tartan

PROGRAM	AGES	DAY(S)	TIME	FEE
AM	K-5	Mon-Fri	7-8:45 a.m.	\$5.75/day
AM	K-5	Mon-Fri	6-8 a.m.	\$5.75/day
Triggs Early AM	K-5	Mon-Fri	6:30-7 a.m.	\$1.50/day
Regular PM	K-5	Mon-Fri	3-6 p.m.	\$8.75/day
Extended PM	K-5	Mon-Fri	2-6 p.m.	\$10.75/day

No refunds or credits will be given under any circumstances.

HOLIDAY CLOSURES (2019-2020)

Labor Day, Monday, Sept. 2 Nevada Day, Friday Oct. 25 Veterans Day, Monday, Nov. 11 Thanksgiving Day, Thursday, Nov. 28 Family Day, Friday, Nov. 29 Martin Luther King Jr. Day, Monday, Jan. 20 Presidents' Day, Monday, Feb. 17

CCSD PROFESSIONAL DEVELOPMENT DAYS

One day camp programs are offered at Silver Mesa Recreation Center in conjunction with Fun Zone. Please note that any school with scheduled half-days or parent-teacher conference days may offer an extended Safekey program based on CNLV Safekey staffing availability and adequate advance notice. More details will be provided in advance.

DATE(S)	AGES	DAY(S)	TIME	FEE
Nov. 25	K-5 Grade	Mon	7 a.m3 p.m.	\$20/dav

Nov. 26	K-5 Grade	Tue	7 a.m3 p.m.	\$20/day
Nov. 27	K-5 Grade	Wed	7 a.m3 p.m.	\$20/day

Silver Mesa Recreation Center Fun Zone in conjunction with Safekey Camp:

DATE(S)	AGES	DAY(S)	TIME	FEE
Nov. 25	K-5 Grade	Mon	3-6:45 p.m.	\$3/month
Nov. 26	K-5 Grade	Tue	3-6:45 p.m.	\$3/month
Nov. 27	K-5 Grade	Wed	3-6:45 p.m.	\$3/month

SAFEKEY DAY CAMP

Day camp programs are offered at Silver Mesa Recreation Center in conjunction with Fun Zone. Safekey Camps are structured programs for elementary age children. Camps will offer a variety of activities and social events such as arts and crafts, fitness activities and physical games that are facilitated by trained staff.

Safekey Camps require a completed Safekey Participation Form strictly for the use of the Safekey Camp program. Please make sure the site location written on the form is Safekey Camp Program. Please handle Fun Zone registration and fees with Front Desk Staff at Silver Mesa Recreation Center.

CCSD SCHOOL BREAKS

Winter break: Dec. 23, 2019-Jan. 3, 2020

(Camp closed: Dec. 24, Dec. 25, Dec. 31 and Jan.1)

Spring break: April 6-10, 2020

SAFEKEY CAMP SESSIONS

PROGRAM	AGES	DAY(S)	TIME	FEE
Winter break	K-5	Mon-Fri	7 a.m3 p.m.	\$20/day
Spring break	K-5	Mon-Fri	7 a.m3 p.m.	\$20/day

Silver Mesa Recreation Center Fun Zone in conjunction with Safekey Camp:

PROGRAM	AGES	DAY(S)	TIME	FEE
Winter break	K-5	Mon-Fri	3-6:45 p.m.	\$3/month
Spring break	K-5	Mon-Fri	3-6:45 p.m.	\$3/month

#GOALS PROGRAM (Giving Opportunity and Life Skills)

#GOALS a safe after school program designed specifically for ages 11-14 in a positive environment that will provide social, civic, educational and recreational programs. The #GOALS program is offered at participating Middle Schools within the City of North Las Vegas. The program will teach responsibility and leadership, and promote individual self-esteem. The GOALS after school program will help youth discover their talents with a mission to help set GOALS to help boost their imaginations so the impossible becomes possible.

GOALS concentrates on Science, Technology, Engineering and Mathematics (STEM) topics, and focuses on subjects to help our youth gain required skills to succeed in today's world. Our GOALS is to inspire and motivate students to invent, create, and solve problems, while learning about being good citizens along with technological skills, all in a fun learning environment.

The GOALS program will also offer age appropriate workshops, excursions, tutoring, and fitness activities.

GOALS registration for the 2019/2020 school year will begin July 1, 2019. Registration forms are available at the Safekey Main Office, 3909 W. Washburn Rd., North Las Vegas, NV 89031.

Registration fee

\$10 due when completed registration form is submitted.

Daily rates

\$10.75 per child (p.m. rate)

The GOALS program accepts Las Vegas Urban League child care subsidy certificates (ages 11-13 only) and Employer-Issued Child Care Assistance Vouchers.

For more information:

Safekey Main Office: (702) 633-1608 (Option 2)

Email: safekey@cityofnorthlasvegas.com
Facebook: Facebook.com/NorthLasVegasRecreation



SPORTS INFORMATION

851 W. Lone Mountain Road North Las Vegas, NV 89031 Phone: (702) 633-2418 Fax: (702) 399-8486

ADULT AND YOUTH COMPETITIVE LEAGUES FORMING

Do you have a competitive youth or adult basketball team looking for a league in which to play? The City of North Las Vegas is developing leagues now. Games will be played at Silver Mesa Recreational Center and/or Neighborhood Recreation Center. Please contact the Sports Office at (702) 633-2565 if you are interested in participating.

YOUTH SPORTS COACHES WANTED

Our volunteer youth sport coaches are the backbone of our recreational leagues! All head coaches will receive half-off their child's registration fee (one reduced fee per team coached). Please contact the Sports Office at (702) 633-2562 if you are interested in volunteering.

YOUTH RECREATIONAL BASKETBALL LEAGUE

All volunteer head coaches will receive half-off their child's registration fee (one reduced fee per team coached).

The 10-12 division will conclude with a post-season tournament to determine the league champion!

This recreational youth league provides a fun environment for children ages 7-12 to learn and develop their basketball skills while engaging in low-key competition that focuses on good sportsmanship Participants are randomly assigned to volunteer-coached teams which practice one evening a week at Silver Mesa Recreation Center on a day chosen by the coach. Games are played on Saturdays at Silver Mesa Recreation Center. Registration is taken online at www. cityofnorthlasvegas.com or at any Recreation Center.

Ages: 7-12

Registration: Apr. 22-May 18

Practices start: Week of May 29 on a day chosen by the volunteer coach

Games start: June 8

Fee: \$65* (includes 11 weeks of practice, an 8-game season, t-shirts,

awards and referees)
Silver Mesa Recreation (

Location: Silver Mesa Recreation Center

* The fee for the 10-12 division is \$70, which includes the post-season tournament.

YOUTH RECREATIONAL SOCCER LEAGUE

All volunteer head coaches will receive half-off their child's registration fee (one reduced fee per team coached).

The 11-13 division will conclude with a post-season tournament to determine the league champion!

This recreational youth league provides a fun environment for children ages 3–13

to learn and develop their skills in the exciting game of soccer while engaging in low-key competition focusing on good sportsmanship. Participants are randomly assigned to volunteer-coached teams which practice one evening a week at Seastrand Park on a day chosen by the coach. Games are played on Saturdays at Seastrand Park. Registration is taken online at www.cityofnorthlasvegas.com or at any Recreation Center.

Ages: 3-13

Location:

Registration: June 24-July 27

Practices start: Week of Aug. 19 on a day chosen by the volunteer coach

Games start: Sept. 7 (no games on October 26)

Fee: \$65 (includes 11 weeks of practice, an 8-game season, t-shirts,

awards and referees) Seastrand Park

^{*} The fee for the 10-12 division and the 11-13 division is \$75, which includes the postseason tournament.



ADULT SOFTBALL

Softball at Chevenne Sports Complex is back!

Experience the newly refurbished fields at the Cheyenne Sports Complex – still the best value in Clark County. Leagues are offered five (5) nights a week in a variety of levels. Each season consists of 14 doubleheaders (7 weeks) and a post-season, single elimination tournament.

Registration: May 6-18

Days: Mondays: Men's D & E

Tuesdays: Men's 40+ Wednesdays: Men's D & E

Thursdays: Co-ed Fridays: Co-ed

Games start: Week of June 3

Fee: \$350 + umpire fees (\$12 per team per game)

FIELD RESERVATIONS

FALL FIELD ALLOCATIONS

The fall field allocation period is from Aug. 1-Nov. 30. Organization requests are due to the Sports Office on or before July 11.

TOURNAMENT RESERVATIONS

The City of North Las Vegas is able to help with your tournament needs. All of our park facilities are available for tournament rentals. Call the Sports Office at (702) 633-2565 for more information and availability.

SPORT FIELD RESERVATIONS

City fields may be rented, based on availability, on a nightly or weekly basis for team practices and functions. Field reservations must be made a minimum of 72 hours in advance. Fees for rentals must be paid at least one (1) week in advance or at time of reservation if reservation is less than a week away. Please call the Sports Office at (702) 633-2565 for availability and locations.

CITY OF NORTH LAS VEGAS PAR 3 GOLF COURSE & DISC GOLF CLUB

324 E. Brooks Ave. North Las Vegas, Nevada 89030 Phone: (702) 633-1833 Fax: (702) 633-7138

FALL/WINTER HOURS (OCTOBER 1 - MARCH 18)

Monday through Sunday 6 a.m.-8 p.m. Last tee time available at 7 p.m.

SPRING/SUMMER HOURS (MARCH 19 - SEPTEMBER 14)

Monday-Sunday: 6 a.m.-10 p.m. Last tee time available at 8:30 p.m.

ATTENTION: THE GOLF COURSE WILL BE CLOSED FOR OVER-SEEDING, FRIDAY, SEPT. 13-SUNDAY, SEPT. 29. THE COURSE WILL REOPEN SEPT. 30.

TEE TIME RESERVATIONS

Tee time reservations may be made up to seven (7) days in advance. Please call (702) 633-1833.

This is a lighted golf course!

The City of North Las Vegas Par 3 Golf Park operates a 9-hole par three golf course and an 18-hole professional disc golf course seven (7) days a week that offers the best golf value in the Las Vegas valley. Open year round, both courses can be enjoyed by golfers of all ages and abilities. It is especially user-friendly for seniors and beginners. The length for the Par 3 ball golf is not intimidating, there are no artificial hazards, and the small greens present a challenge to the more accomplished players. The professionally-designed disc golf course offers challenges that every disc golfer wants.

The course is well maintained and offers gently rolling terrain with many mature trees and a great view of the Las Vegas Valley. The course was the first lighted course in Nevada and golfers can tee off as late as 7 p.m. during the Fall Season and 8:30 p.m. during the summer months. There is a small coffee shop and pro shop located in the clubhouse, featuring top of the line ball and disc golf products.

PAR 3 GOLF COURSE DAILY RATES

PROGRAM	AGES	DAY(S)	TIME	FEE
General	18-59	Mon-Fri	6 a.m6 p.m.	\$9/round
General	18-59	Sat-Sun	6 a.m6 p.m.	\$11/round
Student	6-17	Mon-Fri	6 a.m6 p.m.	\$8/round
Student	6-17	Sat-Sun	6 a.m6 p.m.	\$10/round
Senior	60+	Mon-Fri	6 a.m6 p.m.	\$8/round
Senior	60+	Sat-Sun	6 a.m6 p.m.	\$10/round
Military/Veter	ans	Mon-Fri	6 a.m6 p.m.	\$7/round
Military/Veter	ans	Sat-Sun	6 a.m6 p.m.	\$9/round
Walker	All	Mon-Sun	6 a.m6 p.m.	\$8

ROUND 2				
PROGRAM	AGES	DAY(S)	TIME	FEE
General	18-59	Mon-Fri	6 a.m6 p.m.	\$7/round
General	18-59	Sat-Sun	6 a.m6 p.m.	\$9/round
Student	6-17	Mon-Fri	6 a.m6 p.m.	\$6/round
Student	6-17	Sat-Sun	6 a.m6 p.m.	\$8/round
Senior	60+	Mon-Fri	6 a.m6 p.m.	\$6/round
Senior	60+	Sat-Sun	6 a.m6 p.m.	\$8/round
Military/Vete	rans	Mon-Fri	6 a.m6 p.m.	\$3.50/round
Walker	All	Mon-Sun	6 a.m6 p.m.	\$6

Student rates and Sticks for Kids clubs are available for students under 18 with a valid high school I.D.



RENTAL FEES				
ITEM(S)	AGE	DAY(S)	TIME	FEE
Pull cart	All	Mon-Sun	6 a.m6 p.m.	\$2
Clubs with a cart	18+	Mon-Sun	6 a.m6 p.m.	\$10
Sticks for Kids clubs	6-17	Mon-Sun	6 a.m6 p.m.	FREE

DISC GOLF PARK DAILY RATES

PROGRAM	AGES	DAY(S)	TIME	FEE FI	NAL TEE
General	5+	Mon-Tue/Fri-Sun	6:00pm-10:00pm	\$6/round	8:30pm
Walker	5+	Mon-Tue/Fri-Sun	6:00pm-10:00pm	\$6	NONE

STICKS FOR KIDS

Golf is an excellent way to introduce children to physical activity, to increase their environmental awareness and to provide an opportunity to learn a sport they can enjoy throughout their lifetime. The Sticks for Kids program provides as many children as possible with a set of golf clubs to use while learning to play the game. The North Las Vegas Par 3 Golf Course is proud to offer Sticks for Kids clubs for use at no cost. See Pro Shop staff for more information.

SPECIAL PROGRAMS

The Par 3 Golf Course is a Boy Scouts Merit Badge-Cub Scouts Loop & Pin certified location. Please call and book an individual tee time for a trooper or a group time for an entire troop. We encourage parent participation and supervision while troopers fulfill their requirements to obtain their badge or loop and pin.

EDGE is a curriculum-based program that teaches youths about the sport of disc golf. The Educational Disc Golf Experience will run in conjunction with local schools and recreation centers during the winter, spring and summer months.

TOURNAMENTS

The Par 3 Golf Course hosts multiple tournaments throughout the year. Tournaments may be organized by the city through leagues, or the course may be reserved for private use. Fees may apply. All tournaments are open to the general public, unless a private event. Contact course staff at (702) 633-1833 for pricing and additional information.

LEAGUES

The Par 3 golf course is looking forward to introducing formalized leagues for men, women and children ages 6-17 in support of the Sticks for Kids program. These leagues will meet once a week. Golfers of all ages and abilities are welcome to join. As additional information becomes available, dates, fees and other information will be posted in the Pro Shop.

MERCHANDISE

The Par 3 Golf Course Pro Shop has both ball golf and disc golf products for sale. The Pro Shop features full sets of clubs, as well as wedges, putters, gloves and balls, in addition to the latest disc golf discs and products.

GOLF LESSONS

The City of North Las Vegas is proud to offer golf lessons for beginner to intermediate golfers. Classes are held once a week, for 6 weeks. Beginner classes are \$50 and meet for 60 minutes and intermediate classes are \$60 and meet for 90 minutes. Private lessons are now available at various times on weekdays, Mon-Fri. These are non-group lessons for all ages 6+ with one (1) instructor to one (1) student. The lessons are for a 6-week period, at 60 minutes in length per week for \$75 or we offer a Private Lesson session at \$25 an hour. Clubs are available at no additional charge for participant's use during lesson time.



PROGRAM	AGE	DAY	TIME	FEE
BEGINNER	6-16	Sat	8-9 a.m.	\$50
BEGINNER	17+	Sat	9-10 a.m.	\$50
INTERMEDIATE	6+	Sat	10-11:30 a.m.	\$60
PRIVATE LESSONS	6+	Mon-Fri	VARIES	\$75
PRIVATE LESSONS	6+	Mon-Fri	VARIES (1 HOUR)	\$25/hour

LESSON REGISTRATION SCHEDULE - SUMMER 2018

Session I
Registration:
Classes:
May 13-June 1
June 1-July 6
Make-up week:
Official holidays:
NO HOLIDAYS

Session II
Registration:
Classes:
Make-up week:
Official holidays:

Session II
6 weeks
July 27
July 27-Aug. 31
Sept. 7
NO HOLIDAYS

FOR MORE INFORMATION

Par 3 Pro Shop: (702) 633-1833

Email: CNLVRecreation@cityofnorthlasvegas.com
Facebook: Facebook.com/NorthLasVegasRecreation





ALIANTE GOLF CLUB

3100 W. Elkhorn

North Las Vegas, Nevada 89084

Phone: (702) 399-4888

Hours of operation: Dawn to dusk

Website: aliantegolf.com

Aliante Golf Club is an 18-hole facility operated by Elite Golf Management for the City of North Las Vegas. The course offers many amenities, including a practice facility and the 3100 Grille. A full range of golf merchandise and Mizuno Club Fitting are also available.

- The natural grass Practice Facility has a two tiered driving range, two large putting greens (one for chipping), and a practice bunker.
- The 3100 Grille has a full menu for breakfast, lunch and happy hour.

Proper attire is required throughout the facility. Men's tops must have sleeves. Full sets of Callaway clubs are available to rent and include 6 Callaway golf balls.

18 HOLE RATES

SPRING/FALL RATES (MAR. 11-MAY 31; SEPT. 1-DEC. 31):

	NUKTH LAS VEGAS	CLAKK CUUNTY	MOIN-KE2IDE
	RESIDENT	RESIDENT	
7 a.m1:59 p.m.:	\$45	\$47	\$75
2 p.mClose:	\$39	\$37	\$55

SUMMER RATES (JUNE 1-AUG. 31):

	NORTH LAS VEGAS RESIDENT	CLARK COUNTY RESIDENT	NON-RESIDENT
7 a.m1:59 p.m.:		\$37	\$55
1 p.mClose:		\$30	\$45

9-HOLE OPTION

Not enough time for 18 holes? Nine-hole rates are available for only \$25. (Available from 7-8:30 a.m. and after 1:30 p.m.)

GOLF INSTRUCTION:

Three PGA Instructors are on staff and lessons are available for beginners to the advanced player.

Adult lessons:	\$50	Series of 3 for \$130
Junior Lessons:	\$35	Series of 3 for \$90

A great way to have fun with friends or colleagues is a clinic. Groups and clinics are \$25 per golfer for one hour. (Minimum of 3) $\,$

Call the Golf Shop at (702) 399-4807 with inquiries.

PGA JUNIOR LEAGUE

The PGA Junior League: Team-oriented golf for juniors! For more information, call the Golf Shop at (702) 399-4807.

Juniors under 17: Golf for free with a paying adult at all Elite Golf facilities when space is available after 1 p.m.

ANNUAL MEMBERSHIP

Annual Memberships are available; the prices are \$3,800 for a single pass, \$4,800 for couples. This includes unlimited golf (no cart fee), a small range bucket on the day of play and a 15% discount on Golf Shop merchandise. All rates subject to change.

CITY OF NORTH LAS VEGAS RENTAL PROGRAM

851 W. Lone Mountain Road North Las Vegas, NV 89031 Phone: (702) 633-2418 Fax: (702) 399-8466 Office hours: Mon-Sat 9 a.m.-6 p.m.

MOBILE STAGE

Are you looking for a stage to host a concert, a special event, a company picnic or even your own community gathering? The City of North Las Vegas Neighborhood and Leisure Services Department has a great, fully equipped mobile stage to suit your needs! Along with the mobile stage, we can also provide sound, lighting, generators and our highly skilled technicians. Multi-day use discounts offered. Please call (702) 633-2418 for more information, pricing and availability.

PARK COMPLEX/FACILITY RENTALS

PICNIC SHELTERS

Picnic shelters are ideal for family birthday parties, baby or bridal showers and other small events involving less than 100 people. These reservations must be made at least 14 days in advance. Fees are \$75 per hour with a 2-hour minimum. Currently, gazebos in the following parks are available for public reservations:

GAZEBOS	PARK	LOCATION
(2)	Nicholas E. Flores Park	4133 Allen Lane
(3)	Desert Horizons Park	3750 Simmons St.
(2)	Nature Discovery Park	2627 Nature Park Drive
(1)	Theron H. Goynes Park	3909 W. Washburn Road
(1)	Tropical Breeze Park	1505 E. Tropical Parkway

LARGE EVENT OR MULTI-DAY USE

These reservations are ideal for family reunions, weddings, company picnics, school functions, or other larger events involving more than 100 people. These reservations must be made at least 30 days in advance depending on size and scope of the event. Fees start at \$100 per hour per area with a 4-hour minimum. A refundable cleaning/damage deposit will be determined upon application submission and review.

TUMPER POLICY

Jumpers and bounce houses are welcome in designated areas at City-owned parks, with approval from Park Staff, as long as the reserving group obtains a park permit through the Park Office. Staff reserves the right to charge an add-on fee for more than one jumper at certain picnic shelters. All companies providing jumpers and/or bounce houses must have comprehensive liability insurance with the City named as an additional insured. Companies may not utilize stakes to secure the jumper and/or bounce house.

North Las Vegas residents, with proof of residency, receive 25% off published rates for facility and equipment rentals at all North Las Vegas parks (excluding commercial events).



CRAIG RANCH REGIONAL PARK

628 W. Craig Road North Las Vegas, Nevada 89032 Phone: (702) 633-2418 Fax: (702) 399-8466

Office hours: Mon-Sat 9 a.m.-6 p.m.

GROUP SHELTERS: Shelters are ideal for family reunions, company picnics, HOA meetings, wedding receptions and other events. Reservations are taken on a first-come, first-served basis and must be made a minimum of 14 days in advance. Shelters are reserved in hourly blocks of time and range from \$50 - \$100 per hour (holidays are additional). Alcohol may be served with prior written permission from the Park Supervisor. Please note: North Las Vegas Residents, with proof of residency, receive 25% off published rates (excluding commercial events.) permission from the park supervisor. Please note: North Las Vegas residents, with proof of residency, receive 25% off published rates (excluding commercial events.)

LARGE SHELTERS

#1 Village Lodge #2 Adventure Lodge #6 Garden Lodge #9 Lagoon Lodge

These shelters can accommodate up to 400 people. Each is equipped with 25 tables and a commercial BBQ. Large shelters are available for reservations for a minimum of five (5) hours. Jumpers are permitted at all shelters except the Village Lodge. Add-on grass areas can be reserved around the Adventure, Garden and Lagoon lodges.

Reservation fees:	\$100/hr (peak)	\$33/hr (off-peak)	\$120/hr (holiday)
Add-on grass area	\$50/hr (peak)	\$17/hr (off-peak)	\$70/hr (holiday)

MID-SIZE SHELTERS

#7 The Cottage #8 The Cabin

These shelters can accommodate up to 200 people. Each is equipped with seven tables and a commercial BBQ. Medium shelters are available for reservations for a minimum of five (5) hours. Jumpers are permitted at all shelters. Add-on grass areas can be reserved around both The Cottage and The Cabin.

Reservation fees:	\$75/hr (peak)	\$25/hr (off-peak)	\$95/hr (holiday)
Add-on grass area	\$50/hr (peak)	\$17/hr (off-peak)	\$70/hr (holiday)

SMALL SHELTERS

#3 Teepee #4 Wigwam #5 Wickiup

Shelters can accommodate up to 65 people. Each is equipped with at least four tables and a commercial BBQ. Small shelters are available for reservations for a minimum of three hours. No jumpers are permitted.

Reservation fees: \$50/hr (peak) \$17/hr (off-peak) \$70/hr (holiday)

CRAIG RANCH REGIONAL PARK EVENT AND OPEN SPACE RENTALS

Craig Ranch Regional Park has multiple open space features, a state-of-the-art Amphitheater, event plazas, a 65,000 square-foot skate park and parking lots that can be reserved and configured to fit the needs of your next event. Fees for each area vary depending on the size and the scope of the event. Please contact the Park Office for more information or to submit a request form.



CRAIG RANCH REGIONAL PARK

628 W. CRAIG ROAD NORTH LAS VEGAS, NV 89032



KEY

- 1) SKATE PARK
- 2 BASKETBALL COURTS
- 3 SAND VOLLEYBALL COURTS
- 4 TENNIS COURTS
- 5 SPORTS PLAZA
- 6 BASEBALL FIELD 1
- 7 BASEBALL FIELD 2
- (8) SMALL DOG DOG RUN
- 9 LARGE DOG DOG RUN
- 10 COMMUNITY GARDEN
- 11 GARDEN PLAZA
- 12 THE AMP @ CRAIG RANCH

- 13 ADVENTURE PLAYGROUND
- 14 CENTRAL PLAZA
- 15 PIONEER PLAYGROUND
- 16 FUTURE "DISCGOLFPARK"
- 17 PARK OFFICE 851 W. LONE MOUNTAIN RD. 702-633-2418
- PPARKING
- *IT RESTROOM
- ★ YOU ARE HERE

- A PICNIC SHELTER
 - 1 VILLAGE LODGE
 - **2** ADVENTURE LODGE
 - 3 TEEPEE
 - **WIGWAM**
 - **5** WICKIUP
 - 6 GARDEN LODGE
 - 7 COTTAGE
- 8 CABIN
- 9 LAGOON LODGE





CANCELLATION POLICY AND REFUNDS

Any changes to your reservation must be made to the Park Office no less than 14 days prior to the reservation date to receive any form of refund. A refund of 50% will be issued if event is canceled in person or in writing at least 14 days prior to the reservation date (30 days prior required for open space rentals). Refunds will be made only when proper cancellation procedures are followed. Refunds may take up to 4-6 weeks to be processed. The City of North Las Vegas will issue a refund if the event is canceled by our department for the full amount, less any costs directly incurred by the City. A \$25 fee will be assessed to the issuer for all checks returned to the department for insufficient funds.

IUMPER POLICY

Jumpers and bounce houses are welcome in designated areas at City-owned parks, with approval from Park Staff, as long as the reserving group obtains a park permit through the Park Office. Staff reserves the right to charge an add-on fee for more than one jumper at certain picnic shelters. All companies providing jumpers and/or bounce houses must have comprehensive liability insurance with the City named as an additional insured. Companies may not utilize stakes to secure the jumper and/or bounce house.

PERSONAL BARBECUE GRILLS

For the safety of our patrons, personal barbeque grills are not permitted in Craig Ranch Regional Park without written approval from the park supervisor.

North Las Vegas residents, with proof of residency, receive 25% off published rates for facility and equipment rentals at all North Las Vegas parks (excluding commercial events).

COMMUNITY GARDEN

The Community Garden offers 62, 5' x 13' personal gardening plots that are available for reservations on an annual basis. Applications for the Community Garden are available online or in person at the Craig Ranch Park Office. The annual fee is \$150 per plot and includes water usage.

AQUATICS

4025 Allen Lane North Las Vegas, NV 89032 Phone: (702) 633-2550

OPEN SWIM - SILVER MESA POOL BEGINNING MAY 25

Wed-Thu: Noon-4 p.m. Fri and Sat: Noon-6 p.m. Noon-5 p.m. Sun:

OPEN SWIM - PETITTI AND WALKER POOLS BEGINNING JUNE 8

Fri-Sat: Noon-6 p.m. Noon-5 p.m. Sun:

ADULT LAP SWIM - SILVER MESA POOL BEGINNING JUNE 10

(Two lap lanes available) Mon-Thu:

11 a.m.-1 p.m.

SILVER MESA ACTIVITY POOL **PETITTI POOL 4095 Allen Lane** 2505 N. Bruce St.

Fees:

Fees: Children under 3: **FREE** Children under 3: **FREE** Child 3-17: \$2 Child 3-17: \$2 \$3 Adult 18-54: \$3 Adult 18-54: Seniors 55+: \$2 Seniors 55+: \$2

WALKER POOL 1509 June St.

Fees: Child/Senior: Fees: \$50 Children under 3: FREE Adult \$75 Child 3-7: \$1 Family (up to 4) \$200

SEASON PASS

Adult 18-54: \$2 Seniors 55+: \$1

No refunds, reimbursement, credits, or duplicates for lost, stolen or unused passes.

LEARN TO SWIM PROGRAMS

Summer Session I 2 weeks Registration: May 6-June 5 Classes: June 10-June 20

Summer Session II 2 weeks Registration: May 6-June 19 June 24-July 5 Classes:

(Week 2 classes will be held Mon-Wed and Fri)

Summer Session III 2 weeks May 6-July 3 Registration: Classes: July 8-July 18

Summer Session IV 2 weeks Registration: May 6-July 17 July 22-Aug. 1 Classes:

Swim classes at Silver Mesa are \$40 for group classes, \$65 for semi-private and \$90 for private classes per session. Swim classes at Petitti are \$25 (except diving and synchro). If there is a holiday or closure, prices will be pro-rated.

LEARN TO SWIM PROGRAMS AT SILVER MESA

9-9:30 a.m.: 9:40-10:10 a.m.: Clownfish Jellyfish Jellyfish Lobster Lobster Sea Turtles Sea Turtles Otter Private Private

10:20-10:50 a.m.: 11-11:30 a.m.: Clownfish Pups A Balloonfish Lobster Sea Turtles Otter Semi-private Dolphin Orca Private Private

4:30-5 p.m.: 5:10-5:40 p.m.: Jellyfish Pups A Clownfish Balloonfish Lobster Sea Turtles Semi-private Orca Otter

Private Private

5:50-6:20 p.m.: 6:30-7 p.m.: Pups A Lobster Clownfish Sea turtles Lobster Otter

Semi-private Dolphin Semi-private Teen/Adult Private Private

LEARN TO SWIM PROGRAMS AT PETITTI

4-5 p.m.:5:10-5:40 p.m.:5:50-6:20 p.m.:Fundamentals of diving
Beginning synchroClownfish
LobsterPups A
Sea Turtles

LEARN TO SWIM PROGRAMS

PARENT/TOT LEARN TO SWIM/PUPS A

AGES 18 mo-35 mo

Parent participation is required. This class provides experiences and activities for children to: learn to ask permission before entering the water, learn how to enter and exit the water in a safe manner, feel comfortable in the water, explore submerging to the mouth, nose, and eyes completely, explore buoyancy on the front and back position, change body position in the water, learn how to play safely and experience wearing a U.S. Coast Guard approved life jacket

PRESCHOOL LEARN TO SWIM LEVEL 1/CLOWNFISH AGES 3-5

Introduces children to the aquatic environment and helps them gain basic aquatic skills. Students will learn to enter and exit water using a ladder, steps or side, blow bubbles through mouth and nose, submerge mouth, nose and eyes, open eyes under water and retrieve submerged objects, front and back glides and recover to vertical position, back float and recovery, roll from front to back and reverse and tread water.

PRESCHOOL LEARN TO SWIM LEVEL 2/JELLYFISH AGES 3-5

This class helps children gain greater independence in their skills and develop more comfort in and around water. Enter water by stepping in, exit using ladder, steps or side. Bobbing, open eyes under water while retrieving submerged objects, front/back float, glides, tread water using arm and leg action, combine arm and leg action on front and back, finning action on back.

PRESCHOOL LEARN TO SWIM LEVEL 3/BALLOONFISH

AGES 3-5

In this class children begin to gain swimming propulsive skills to be comfortable in and around water. Students will learn to enter water by jumping in, fully submerge and hold breath, bobbing, front, jellyfish, tuck floats, recover from front or back float, glide to vertical position, back float, change direction of travel, tread water using arms and legs, same action on front and back, finning action on back.

TEEN PROGRAM

AGES 12-14

Classes are intended for teens (12-14 years) who seek mastery of primary swimming skills, controlled breathing, floating without support and forward locomotion with a coordinated arm and leg action.



YOUTH LEARN TO SWIM LEVEL 1/LOBSTER

AGES 6-14

This class will help participants feel comfortable in the water. Students will learn to enter and exit water using ladder, steps or side, blow bubbles through mouth and nose, bobbing open eyes under water and retrieve submerged objects, front/back glides and floats recover to a vertical position, roll front to back, tread water using arm and hand actions, alternating leg actions and combine leg and arm actions on front and back.

YOUTH LEARN TO SWIM LEVEL 2/SEA TURTLES

AGES 6-14

This class gives participants success with fundamental skills. Students will learn to enter and exit water by stepping or jumping from the side, fully submerged and hold breath, bobbing open eyes under water and retrieve objects, jellyfish, tuck floats, front/back glides, recover to vertical position roll, change travel direction while swimming, tread water using arm and leg actions, finning arm action.

YOUTH LEARN TO SWIM LEVEL 3/OTTER

AGES 6-14

This class will build on the skills in Sea Turtles through additional guided practice. Students will learn to enter water by jumping from side, headfirst entries, sitting and kneeling positions, bobbing while moving toward safety, rotary breathing, survival float, tread water, flutter, scissor, dolphin, breaststroke, front crawl and elementary backstroke.

YOUTH LEARN TO SWIM LEVEL 4/ORCA

AGES 6-14

This class will help develop confidence in the skills learned and improve other swim skills. Students will learn headfirst entries from the side in compact and stride positions, swim underwater, feet first surface dive, survival swimming, front crawl and backstroke open turns, tread water using 2 different kicks, front/back crawl, elementary backstroke, breaststroke, sidestroke and butterfly, flutter and dolphin kicks on back.

YOUTH LEARN TO SWIM LEVEL 5/DOLPHIN (SEMI-PRIVATE)

AGES 6-14

In Level 5, participants refine their performance of all six strokes (i.e., front crawl, back crawl, butterfly, breaststroke, elementary backstroke and sidestroke) and increase the distances that they swim. Participants also learn to perform flip turns on the front and back.

RECREATION SWIM TEAM

Swimmers must have completed and passed the Level 4 swim class. Swimmers must be able to swim 25 yards and demonstrate proficiency in the following strokes: Front Crawl, Back Crawl and Breast Stroke. Fee includes all meets in Summer 2019 and a T-shirt. Swim Team runs for 7 weeks beginning June 10.

TEAM NAME	POOL	DAY(S)	TIME	FEE
Sharks	Walker	Mon/Wed/Fri	4-5 p.m.	\$75
Piranhas	Petitti	Tue/Thu	4-5:30 p.m.	\$75

BEGINNING ARTISTIC SWIMMING

Artistic swimming is a form of swimming, dance and gymnastics, with swimmers performing a synchronized routine of dance and gymnastic moves accompanied by music. In this recreational program, participants will learn the basics of sculling and eggbeater kick and synchro figures such as ballet legs, cranes, and layouts. Artistic swimmers will also have the opportunity to participate in a competition and perform in the All City Show. Participants must be at least 6 years of age and able to swim 25 yards on their front and back. Artistic swim fun for 4 weeks beginning June 11.

SESSION I: June 11-July 5 (No class July 4) SESSION II: July 9-Aug. 1

POOL	DAY(S)	TIME	FEE
Walker Pool	Tue/Thu	4-5 p.m.	\$50

FUNDAMENTALS OF DIVING

Diving is one of the most popular Olympic sports and divers possess many of the same characteristics as gymnasts and dancers including strength, flexibility, kinesthetic judgment and air awareness. Participants will learn the basics of springboard diving including the approach or hurdle, jumps, dives, somersaults, twists and correct water entry. Dives will be taught as forward, back, reverse and inward dives in the straight, pike or tuck positions. Divers will participate in friendly diving competitions. Participants must be at least 6 years of age and able to swim 25 yards on their front.

SESSION I: June 11-July 5 (No class July 4) SESSION II: July 9-Aug. 1

POOLDAY(S)TIMEFEEPetittiTue/Thu4-5 p.m.\$40

TUNIOR LIFEGUARD PROGRAM

The American Red Cross Junior Lifeguarding Course will be taught in this program and junior guards will also have the opportunity to shadow guards during open swim hours at the CNLV pools. This course prepares participants with a foundation of knowledge, attitudes and skills for becoming a lifeguard in the future. Participants will learn techniques and build stamina during this program but are not required to perfectly execute skills. The junior guard program does not give participants their certification in first aid, CPR or AED or as a lifeguard. Participants should be ages 11-14 years old and be able to swim 25 yards front crawl, 25 yards breaststroke, tread water for one minute, swim on back 25yd and swim 10 feet underwater. This course involves both in water and classroom sessions at Walker and Silver Mesa Pools.

POOL	DATES	DAY(S)	TIME	FEE
Walker	June 17-July 26	Mon/Wed/Fri	11a.m4 p.m.	\$50

AQUA ZUMBA

Aqua Zumba blends the Zumba philosophy with water resistance, for one pool party you shouldn't miss! There is less impact on your joints during an Aqua Zumba class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. For ages 18 and up. Aqua Zumba classes run for 4 weeks beginning June 11

SESSION I: June 11-July 5 (No class on July 4) SESSION II: July 9- Aug.1

POOL	DAY(S)	TIME	FEE
Silver Mesa	June 11-Aug. 1	9-10 a.m.	\$24

AQUA AEROBICS

Great cardio, core and upper body workout. Aqua Body Blast -challenging deep water body workout to help improve strength, definition and endurance. Great muscular strength, endurance, and cardiovascular workout. Aqua Aerobics is a deep water class with an emphasis on flexibility, strength and endurance. For ages 18 and up. Aqua Aerobics classes run for 4 weeks beginning June 10.

SESSION I: June 10-July 3 SESSION II: July 8-July 31

POOL	DAY(S)	TIME	FEE
Silver Mesa	June 11-Aug. 1	9-10 a.m.	\$24

SPECIAL EVENTS

SCHOOL'S OUT CELEBRATION

School's out, and it's time to head to the pool for some fun in the sun. During open swim hours, lifeguards will lead participants in water games and award prizes to participants while the DJ spins tunes.

POOL DAY(S) TIME FEE

Silver Mesa Sat, May 25 1-5 p.m. Free with Fun Zone Membership

FATHER'S DAY CELEBRATION

Celebrate fathers at our City of North Las Vegas pools. Fathers who bring a child will be admitted for free on Saturday and Sunday.

FEE

POOL DAY(S) TIME

All June 15-16 Noon-5 p.m. Fathers free!

INDEPENDENCE DAY CELEBRATION

Celebrate Independence Day with the City of North Las Vegas at all of our pools. There will be 4th of July-themed games, prizes, music and more.

POOLDAY(S)TIMEFEEAllThu, July 4Noon-5 p.m.Daily fee

NATIONAL ICE CREAM DAY

Come to Silver Mesa Pool for an ice cream social. Enjoy ice cream, toppings, chocolate syrup, cherries and whipped cream (one serving per paid entry).

POOLDAY(S)TIMEFEESilver MesaSun, July 21Noon-5 p.m.Daily fee

SUMMER BEACH BASH AT SILVER MESA POOL

Come celebrate summer with an after hours party at the pool. Swim, dance, play games and win prizes. The pool will close early on day of event.

THEME DAY(S) TIME FEE
Flick 'N Float Sat, June 15 5:30-8 p.m. \$3 per person

Beat the heat at the Flick 'N Float event. Bring your rafts, pool noodles, inner tubes and pool floats and come enjoy the show! Lifeguards have the discretion to determine if flotation devices are safe and acceptable for entry.

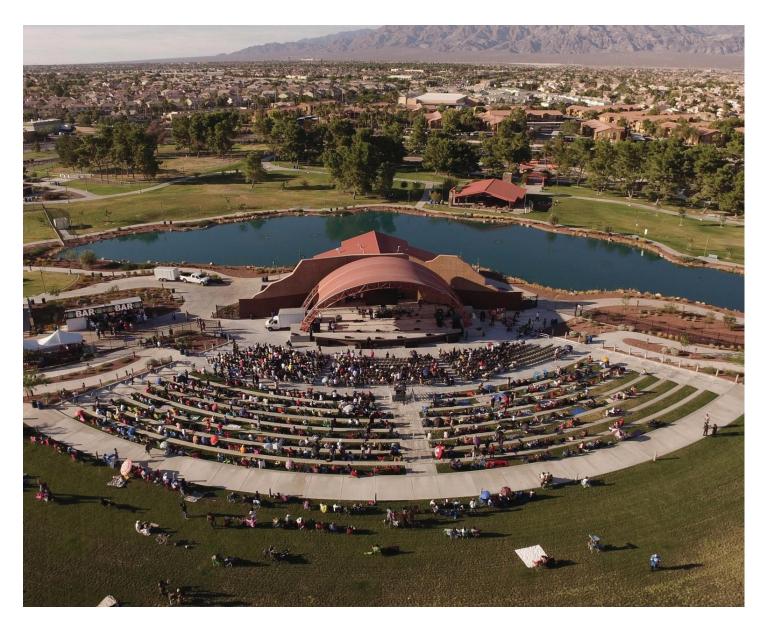
Splash for Cash Sat, July 13 5:30-8 p.m. \$3 per person

A fun evening and a chance for kids to race for tokens in the pool that can be redeemed for snacks at the concession stand. Some may find the ultimate prize in the pool, a free City of North Las Vegas recreation class of their choice!

Shark Day End Sat, Aug. 3 5:30-8 p.m. \$3 per person of Summer Bash

Celebrate the end of summer with shark related games and contest with prizes, music and friends!





FOLLOW US

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Park Events 2019

MARCH & APRIL

APRIL 12: MOVIE MADNESS - SMALL FOOT Tom Williams Elementary, 3000 E. Tonopah Avenue

APRIL 27: TWILIGHT BLOCKBUSTERS - INFINITY WAR Nature Discovery Park, 2627 Nature Park Drive

MAY

MAY 3: MOVIE MADNESS - PETER RABBIT Theron Goynes Park, 3909 W. Washburn Road

MAY 10: MOVIE MADNESS - RALPH BREAKS THE INTERNET Valley View Park, 2000 Bennett Street

MAY 17: MOVIE MADNESS - UNDERDOGS Seastrand Park, 6330 Camino Eldorado Parkway

JUNE, JULY & AUGUST JUNE 22: SLIDES, RIDES & ROCK AND ROLL Craig Ranch Regional Park, 628 W. Craig Road

JULY 3: TWILIGHT BLOCKBUSTERS - INDEPENDENCE DAY
Craig Ranch Regional Park, 628 W. Craig Road

AUGUST 23: MOVIE MADNESS - INCREDIBLES 2 Lincoln Elementary School, 30.10 Berg Street

SEPTEMBER

SEPTEMBER 6: CRAIG RANCH CAMPOUT - HOW TO TRAIN YOUR DRAGON Craig Ranch Regional Park, 628 W. Craig Road

SEPTEMBER 13: MOVIE MADNESS - ANT MAN & THE WASP Goldcrest Park, 714 Craig Creek Avenue

SEPTEMBER 27: MOVIE MADNESS - SHOW DOGS Aviary Park, 675.0 Aviary Way

OCTOBER

OCTOBER 4: MOVIE MADNESS - CHRISTOPHER ROBBINS Eldorado Park, 5900 Camino Eldorado Parkway

> OCTOBER 19: HARVEST FEST Craig Ranch Regional Park, 628 W. Craig Road

Park Offices • 851 W. Lone Mountain Road, North Las Vegas • (702) 633-2418

Visit us on facebook at facebook.com/craigranchregionalpark/